



Counting Our Blessings
Gala
A TRIBUTE TO ST. LOUIS



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ST. LOUIS RAMS LINEBACKER CHRIS DRAFT PRESENTS A TRIBUTE TO ST. LOUIS *Counting Our Blessings Gala Celebrates Positive Work in the Community*

On the evening of Monday, November 24, **Chris Draft** and the **Chris Draft Family Foundation** present the **Counting Our Blessings Gala: A Tribute to St. Louis**. The elegant evening, sponsored by the **St. Louis Rams**, will highlight the Foundation's efforts to support programs and events in St. Louis that foster partnerships of individuals, communities and corporations working together for positive social and community change.

Draft and the Foundation have engaged in many activities in the city and county of St. Louis, as well as across the country, that emphasize the significance of family literacy and character education, stressing the importance of healthy lifestyles, character development, personal responsibility, self-discipline and physical fitness.

St. Louis events and programs have included: the **St. Louis Rams Hydration Tour**, Barrett Brothers Park Clean-up & **Urban Farming** project, the **Missouri Childhood Asthma Radio PSA Campaign**, literacy and attendance events for **St. Louis Public School District, A Discussion and A Movie™ - The Great Debaters**, the Dance St. Louis **"The Most Beautiful Sport in the World"** Campaign, the **Missouri Legislative Black Caucus** screening and **"Continuing the Debate"** program with **Nate Parker from The Great Debaters**, PHL football field restorations, **Home Depot** neighborhood clean-ups and the Foundation's signature fitness camp for the whole family: **Get Checked and Get Fit™ Draft Day® St. Louis Style**.

Draft has been recognized by the **NFL** and community agencies for his service to the community. At the close of the 2007 season, he was nominated by his **St. Louis Rams** teammates for a **JB Award**, an honor bestowed on only a handful of active NFL players, for his commitment to achieve excellence off the field through building better communities and stronger families. In January 2008 he received the **NFL Alumni Spirit Award**. In June 2008, for his extensive work in the St. Louis community, Draft was honored with an **AT & T National Sportsmanship Award** which celebrates athletes for their integrity, class, selflessness, kindness, community service and overall commitment to sportsmanship.

On November 30, as part of the NFL's commitment to youth health and fitness, Chris Draft will be honored by **The President's Council on Physical Fitness and Sports** and **The President's Council on Service and Civic Participation**. Emphasizing the importance of family health and fitness during Thanksgiving, **The President's Volunteer Service Award** will be presented to Draft for his dedication to encouraging kids to stay active and healthy. As part of the Foundation's **"Get Checked and Get Fit™"** initiative, the Foundation will remain devoted to providing youth and families with knowledge about physical fitness, nutrition and health maintenance, and giving them access to tools and opportunity to make choices to live healthier lifestyles.

At the **Counting Our Blessings Gala: A Tribute to St. Louis**, the **Chris Draft Family Foundation** will commemorate positive work in the community and celebrate the blessings and support for work yet to be done. Throughout the holiday season, the Foundation will continue the **"How About A Book"** program as part of the **Literacy Leaders™** initiative, promoting books as holiday gifts. For more information, please visit www.chrisdraftfamilyfoundation.org.

About the Chris Draft Family Foundation

The mission of the **Chris Draft Family Foundation** is to strengthen communities by empowering families to live healthy lifestyles. The Foundation focuses on seven primary initiatives with overarching themes that stress the importance of education, healthy lifestyles, character development, personal responsibility, self-discipline and physical fitness. In the spirit of the Foundation's logo, inspired by a painting called **"The Journey"**, the **Chris Draft Family Foundation** actively pursues partnerships with individuals, families and organizations. On **"The Journey"** to change the world for the better, merging our different paths and perspectives powers our mission and strengthens our commitment to improvement and ensures the success of our actions. For more information, please visit our website: www.chrisdraftfamilyfoundation.org.

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