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Rams Linebacker Chris Draft Receives J.B. Award, Leads Award Winners on White House Tour *Rams Linebacker Recognized for Work in Community*

ST. LOUIS – Rams linebacker **Chris Draft** was on hand in Washington D.C. this week as he received recognition for his community efforts through a **J.B. Award for Community Service**. Draft received the award at the NFL Players Association Gala Thursday night, April 16th. On Friday, Draft lead the award winners to 1600 Pennsylvania Ave., where he took them on a tour of the White House.

During his trip to the nation's capitol, Draft was involved in several other community events. As the J.B. Awards is the only fundraiser for the **Washington D.C. Special Olympics**, Draft was able to participate in a football camp with a group of D.C. Special Olympians and speak to them about the importance of character. Draft also participated in the NFL Players Association's **Training Camp for Life**. Similar to the Chris Draft Family Foundation's **Get Checked and Get Fit™** initiative, the Training Camp for Life is an educational program that helps high school student-athletes set goals and make a healthy transition to their college life. Draft also had the opportunity to visit and thank members of America's military at **Walter Reed Army Medical Center**, as well as shoot an **Asthma Team™** video with the **Environmental Protection Agency**.

The highlight of the week was the **NFL Players Association Gala**, where Draft was presented with the **J.B. Award for Community Service**. He was one of 12 NFL players to receive the award, which recognizes the NFL's best community participants.

Fans were able to follow Draft's week in Washington D.C. through the **Chris Draft Family Foundation Blog**, which can be found at <http://www.thedraftreport.net>, or on the **Chris Draft Family Foundation website**, <http://www.chrisdraftfamilyfoundation.org>.

About the Character Team™

The focal point of the Character Team™ is to provide unchanging, unwavering, and indestructible standards as a means of measurement focusing on the key character traits of: compassion, courage, honest, perseverance, respect, responsible, and self-discipline.

About the Asthma Team™

The Asthma Team™ is a partnership between families, children and organizations across the country that are working diligently to teach their community that asthma is manageable and that asthma attacks are preventable. By being advocates for general improvements in public health and working with groups dedicated to decreasing outdoor air pollution and the prevalence of second-hand smoke, the prevalence of asthma can be greatly reduced.

About Get Checked and Get Fit™

Get Checked and Get Fit™ focuses on inspiring and motivating individuals to take charge of their health and well-being. With an emphasis on educating through example, the Foundation sponsors signature events called Get Checked and Get Fit™ Draft Day® across the country.

About the Chris Draft Family Foundation

The mission of the **Chris Draft Family Foundation** is to strengthen communities by empowering families to live healthy lifestyles. The Foundation focuses on seven primary initiatives with overarching themes that stress the importance of education, healthy lifestyles, character development, personal responsibility, self-discipline and physical fitness. In the spirit of the Foundation's logo, inspired by a painting called "**The Journey**", the **Chris Draft Family Foundation** actively pursues partnerships with individuals, families and organizations. On "**The Journey**" to change the world for the better, merging our different paths and perspectives powers our mission and strengthens our commitment to improvement and ensures the success of our actions. For more information, please visit our website: www.chrisdraftfamilyfoundation.org.

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